

OUR COMMITMENT

Our Outpatient Rehabilitation Program focuses on helping our clients resume a productive and satisfying life. Whether they are recovering from an illness or injury, certified, licensed therapists are ready to work with them to help achieve their personal goals and maximum potential.

INSURANCE

Our services are covered under Medicare, Medicaid, and most private insurance companies. Prior to being seen, all clients must have their insurance preapproved through Galeon.

Our clients receive one-on-one attention. Our staff is committed to the wellness and satisfaction of our clients. Please let us know if a question or concern arises.

We believe that no person should have to settle for a life that is less than fulfilling. You can be assured that Galeon will support any goal that you may have for recovery, because of the depth and quality of services we offer.

Please call for more information.



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Osakis, MN 56360

**Rehab Services
Managed by**

RehabCare™

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Galeon
growing stronger

RehabCare®

Outpatient Rehabilitation

**“Helping people
achieve their
potential”**



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Many times, the road to recovery after an injury or illness can be long and frustrating. The Galeon Outpatient Rehabilitation Program can help people realize the potential of tomorrow, which motivates them to work harder. Work harder toward their goals, whether that be returning to a favorite activity, their daily routine or even home.

In our Outpatient Rehabilitation Program, the focus is always on helping individuals return to where they were. With skilled and experienced therapists, including physical, occupational, and speech, we strive to improve people's ability to function and care for themselves again.

DIAGNOSES

- Orthopedic injuries
- Back and neck injuries
- Amputations
- Spinal dysfunction
- Chronic pain
- Stroke
- Hip fractures
- Speech disorders
- Post-surgical conditions
- Neurological disorders

THErapy

Physical Therapists work with patients to help decrease pain and improve strength, endurance, balance, and range of motion. The techniques they teach can be incorporated at home for continued improvement primarily where safe walking and transferring are concerned.

Occupational Therapists work with patients to improve their coordination and fine motor activities. This allows patients to return to their maximum level of independence in activities of daily living.

Speech Therapists can help those with communication and swallowing disorders. They will help facilitate function language, memory, speech and swallowing.

Treatment schedules are flexible, but are designed for a steady, rapid progression towards the client's goals. Treatment may include:

- Specific, goal-oriented exercises to restore motion and strength
- Strengthening specific muscle groups to help restore fine motor and gross skills
- Comprehensive home programs and patient education
- Use of modalities to help restore joint motion and minimize pain and sensitivity
- Instruction in adaptive living techniques, joint protection, and motor coordination
- Prosthetic training
- Cognitive/visual/perceptual training
- Speech-language rehabilitation