

# BridgeWell Memory Care Assisted Living

## Dementia Care Disclosure

**Philosophy** - Providing assistance for people who need memory care as well as promoting independence and functioning while maintaining a home like atmosphere.

**Criteria for Admission**- All prospective tenants will have an assessment completed by an RN to determine if they would benefit from a secure memory care environment. The tenant, if found appropriate for BridgeWell, would be re-assessed by a nurse 14 days after admission, and at least every 90 days thereafter. Changes in condition or increased need for services may also require tenant to be re-assessed. Service plans are established on admission, and are reviewed at least annually by a nurse.

**Fee Schedule**- Fee schedules are provided to tenants upon admission. Changes to fee schedules will be provided to tenants in writing 30 days prior to change.

**Staffing Credentials**- All staff, including resident assistants and supervisors, will be trained in house to meet at least the minimum requirements to provide competent care/assistance in this Memory Care setting. This training includes (1) an explanation of Alzheimer's disease and related disorders; (2) assistance with activities of daily living; (3) problem solving with challenging behaviors; and (4) communication skills. This initial training occurs upon hire, and continuing training is completed yearly. Job duties will include: laundry, cooking, cleaning, personal care, behavioral redirection, activities, exercise, and various related tasks. Staff will be trained and meet requirements required under a Comprehensive license. Staff will also complete a checklist to ensure basic competency of skills/knowledge pertaining to the duties/responsibilities of the job. Staff is supervised by the Director of Housing and Director of Clinical Services. An RN is available on call for consultation 24/7.

**Environment**- The environment at BridgeWell is set up as close to a home setting as can be safely provided with added attention to security for individuals with memory deficits. BridgeWell is divided into two units, North house and South house. The building is a secure unit with cameras at all exits and coded entrance/exit doors. Very close attention has been paid to the color schemes, lighting, and overall ambiance of the unit to provide a calming/tranquil environment. Both houses also have state of the art sound systems to help enhance a tranquil setting. The office is in a central location that allows staff to see the front entrance and into the main living areas of both houses. In the event of fire the lock mechanisms on the exit doors release to allow for a safe quick exit. In the event of a need to evacuate there are multiple safe areas to retreat to, both indoors and outdoors.

**Activities**- Activities are ongoing; they will be routine as well as spontaneous and resident specific. Residents are encouraged to go about their day as they wish and are encouraged to participate in life through performance of daily household tasks such as: laundry, light cleaning, etc... BridgeWell is their home.

**Family Involvement**- Families are encouraged to be active in the care and programming of their loved ones. Staff is to be supportive of families and their decisions as long as the benefit goes to the resident. Family support services are available through the Galeon Social Services Department.